

**MERCER'S INSTITUTE FOR SUCCESSFUL AGEING – 1ST MARCH 2019
BIOGERONTOLOGY FOR CLINICIANS CONFERENCE PROGRAMME**

TIME	EVENT
09.00-09.30	Registration, Tea/Coffee
	Session 1: How old are you?
	Chair
09.30 – 09.40	Opening Address: Professor Rose Anne Kenny Department of Medical Gerontology, Trinity College Dublin and Director of Mercer's Institute for Successful Ageing
09.40 – 10.10	Professor Thomas Kirkwood Professor Emeritus, Newcastle University Institute for Ageing, Newcastle upon Tyne, UK & Professor of Biogerontology, University of Copenhagen Center for Healthy Aging, Copenhagen, Denmark Getting to grips with biological age
10.10 – 10.30	Dr Cathal McCrory Senior Research Fellow, The Irish Longitudinal Study on Ageing (TILDA), Trinity College Dublin Epigenetic clocks & allostatic loads
10.30 – 10.50	Professor Robert Whelan Associate Professor in the School of Psychology at Trinity College Dublin and the Global Brain Health Institute The Ageing brain
10.50 – 11.20	Dr Marie Therese Cooney Consultant Geriatrician, St. Vincent's University Hospital, Dublin Characteristics of older people
11.20-11.50	Tea/Coffee
	Session 2: Frailty/ Falls/ Delirium
	Chair
11.50 – 12.20	Dr Roman Romero-Ortuno Associate Professor in Medical Gerontology at Trinity College Dublin and Consultant Physician in St. James's Hospital, Dublin Biology of geriatric syndromes
12.20 – 12.50	Dr Claire Steves Senior Clinical Lecturer and Honorary Consultant Physician, Department of Twin Research, Kings College London, London The biomes of frailty
12.50 – 13.10	Dr Rónán O Caoimh Consultant Geriatrician, Galway University Hospitals, Galway How to measure frailty
13.10 – 13.20	Ms Mary O'Shea Research Nurse, The Irish Longitudinal Study on Ageing (TILDA), Trinity College Dublin Translating research into meaningful clinical practice
13.20-14.10	Lunch
	Session 3: The Cardiovascular system
	Chair
14.10 – 14.30	Professor Rose Anne Kenny Department of Medical Gerontology, Trinity College Dublin and Director of Mercer's Institute for Successful Ageing Ageing of the Vascular system
14.30 – 15.05	Professor James O'Donnell Consultant Haematologist, St James's hospital & Director Irish Centre for Vascular Biology, Royal College of Surgeons in Ireland Vascular inflammageing
15.05 – 15.25	Dr Robert Briggs Research Fellow, Centre For Medical Gerontology, Trinity College Dublin Vascular Brain Ageing
15.25 – 16.00	Dr Sarah Doyle Assistant Professor in Immunology, Trinity Institute of Neurosciences (TCIN), Trinity College Dublin Innate immunity & vascular biology
16.00	Close