Stroke Syndromes

Patricia Daly ANP Stroke NGH 9th November 2018 Patricia.daly2@hse.ie

Stroke Syndromes

- Anterior circulation
- · Lacunar syndromes
- Posterior circulation

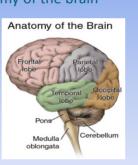
Clinical anatomy of the brain

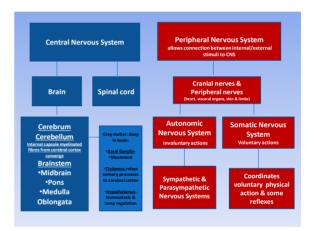
Cerebrum

- Frontal
- Temporal
- Parietal
- Occipital lobes

Cerebellum Brainstem

- Midbrain
- Pons
- Medulla





Principal Motor Pathways

Corticospinal tract:

Voluntary movement and fine/delicate movement

Motor commands are delivered by: **Somatic nervous system** – directs contraction of skeletal muscles. **Autonomic nervous system** -directs the activity of glands ,smooth muscle and cardiac muscle

Basal ganglia system:

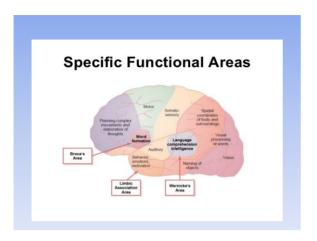
maintenance of muscle tone, controlling movement

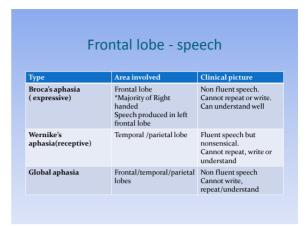
Cerebellar system:

coordinates motor activity

Three major sensory tracts

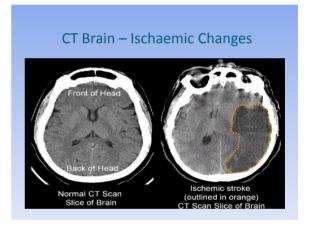
- The posterior column tract fine touch propioception ,vibration.
 - Primary sensory cortex on side opposite stimulus
- The spinothalamic tract (lateral and anterior) pain, temperature, crude touch and pressure sensations
 - Primary sensory cortex on side opposite stimulus
- The spinocerebellar tract (anterior and posterior)
 Cerebellar cortex primarily on side of stimulus

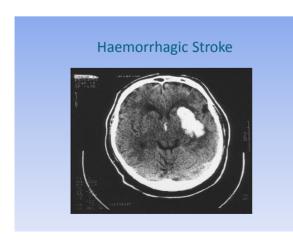


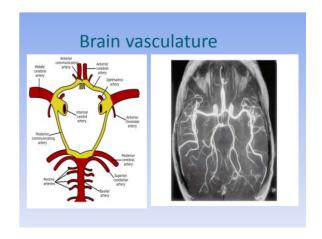


Handedness and dominance

- Right handed dominant left cerebral hemisphere(>90%) Dominant hemisphere control language & mathematical functions
- Left handed- 50/50 dominant right/left hemisphere

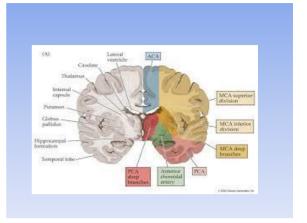






Cerebral artery stroke syndromes Anterior circulation

Artery	Area affected	
ACA	Medial frontal.medial parietal	Contralateral weakness(hip and leg) Abulia Incontinence
MCA	Frontal, parietal, temporal	Aphasia ,gaze deviation hemiplegia (face/arm), Sensory loss, neglect, visual field deficits
PCA	Medical temporal lobe, occipital lobe, much of the thalmus	Memory loss confusion homomonous heminiapia



MCA

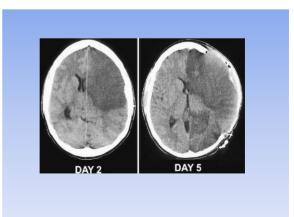
- Occlusion of the MCA +/- ICA can result in ischaemia in both MCA and ACA territories.
- Approx 2/3 Ischaemic stroke occur in mca territory
- MCA can involve the frontal, temporal and parietal lobes... can also include the basal ganglia

Dominant MCA Syndrome

- If dominant left -
- Right hemiparesis
- Right sensory loss
- Stereognosis, agraphesthesia, left right disorientation
- Right HH
- Dysarthria
- Global aphasia
- · Alexia, agraphia, acalulia, apraxia

Apraxia

- normal strength and sensation but unable to produce a motor pattern correctly .. Including oral apraxia
- Can occur with damage to either frontal lobe
- Prefrontal cortex- MCA territory



Neurological Motor exam

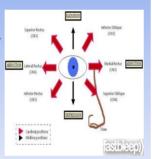
- Systematically examine all of the major muscle groups
- Note the appearance i.e. wasted, highly developed, normal
- Feel the tone of the muscle i.e.flaccid, clonic, normal
- Test the strength
- Note body positioning
- Note involuntary movements

Cranial Nerve II

- CNII- Optic carries visual impulses from the eye to the optical cortex via the optic tracts.
- Examine eye and surrounds
 - Acuity
 - Visual field Testing by confrontation.
 - Near response -Pupillary constriction, convergence & accommodation of the lens (CN II & III)
 - Fundoscopy

Cranial Nerves III,IV,VI

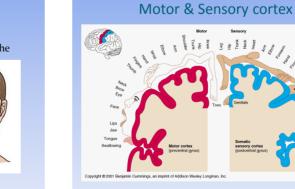
- CNIII, CN IV,CN VI-Extraocular movements in the 6 cardinal directions of gaze.
- Observe for loss of conjugate movements, nystagmus, & diplopia (monocular/binocular)
 (ptsosis..drooping eye lid)





Cranial nerve VII

- CN VII Facial nerve supplies motor branches to the muscles of facial expression.
- Upper and lower CNVIIth
- Frown
- Open eyes wide
- Smile
- Puff out cheeks



Sensory System

- Pain & Temp (spinothalmic tracts)
- Position & vibration (Posterior columns)
- Light touch (both of the above)
- Discriminative Sensations (depend on touch & position)
- Point Localization
- Two point discrimination
- Recognition of size, weight, shapes and form of objects (stereognosis).
- Graphaesthesia
- Extinction phenomenon

Cranial Nerve V

- CN V-Trigeminal nerve sensory supply to the face and motor supply to the muscles of mastication.3 sensory branches of the trigeminal nerve: ophthalmic, maxillary and mandibular.
- Test sensory branches by lightly touching the face with a piece of cotton wool followed by a blunt pin in three places on each side of the face:
- around the jawline,
- on the cheek and,
- on the forehead.

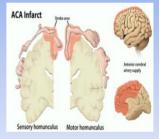
- Motor testing temporal & Masseter muscles
 - Clench teeth
 - Move jaw from side to side
 - note feeling & bulk of muscles
- Corneal reflex- not usually carried out

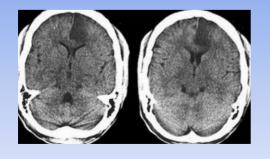
Non Dominant MCA Syndrome

- If R Dominant:
- Left hemiparesis & sensory loss
- L HH
- Dysarthria
- Neglect
- Spatial disorientation
- Apraxia

ACA stroke syndrome

- Contralateral leg > arm paresis
- Or bilateral leg weakness if both ACAs are involved
- Abulia, disinhibition, exceutive dysfunction





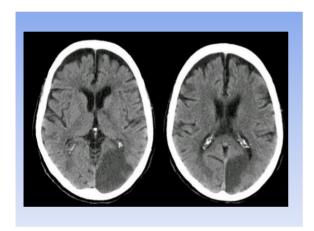
PCA stroke syndromes

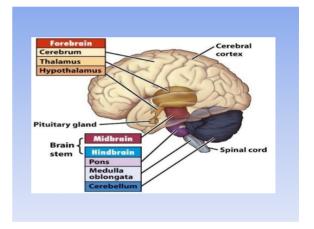
- Mainly involves the occipital, medical temporal lobe of thalamus
- Occipital lobe: Contralateral HH, Cortical blindness (bilateral lesions)
- Medical temporal lobe: deficits in long and short term memory, behaviour alteration (anger, agitation, paranoia)

Posterior circulation syndromes Posterior cerebral artery Occipital lobe, thalmus,medial temporal lobe Brainstem Midbrain, Pons, Medulla Cerebellum

Cerebellar stroke

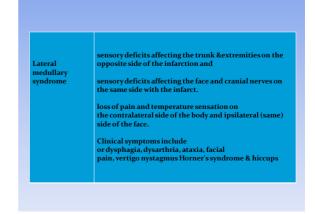
- Vascular territory: Superior cerebellar artery, Anterior posterior inferior cerebellar artery
- Ataxia, vertigo, nausea, vomiting & dysarthria
- Dysdiadokinesia & Dysmetria
- Intention tremor.
- Gait disturbance and balance issues
- Often headache & nystagmus
- Can also have rapid deterioration in level of consciousness





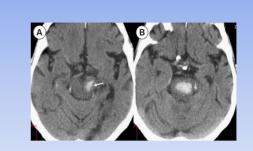
Brainstem stroke syndromes

- Many
- Some clinical findings ... crossed sensory findings ie ipislateral face and contra lateral body numbness
- Crossed motor findings (ipislateral face, contralateral body)
- Gaze evoked nystagmus
- Ataxia and vertigo, limb dysmetria,
- Diplopia and eye movement abnormalities
- Dysarthria and dysphagia, tongue deviation, deafness(rare) locked in syndrome



Horner's syndrome

- Partial ptosis (upper eyelid drooping).
- Miosis (pupillary constriction) leading to anisocoria (difference in size of the pupils).
- Hemifacial anhidrosis (absence of sweating).



Common Lacunar Syndromes

- Pure Motor stroke- most common type 30-35% contralateral weakness /power loss
 typically affects the face, arm, or leg of the side of the body opposite the location of the infarct.
 Dyarthria, dysphagia and transient sensory symptoms can also be present
- Pure Sensory stroke loss of sensation on one side of the body- can later develop tingling, pain, burning
- Sensiomotor stroke hemiparesis or hemiplegia with sensory impairment on the same side
- Ataxic hemiparesis combination of cerebellar & motor symptoms, including
 weakness and clumsiness, on the ipsilateral side of the body.¹¹ It usually affects the leg more than it
 does the arm; symptoms are often over hours or days.
- · Clumsy hand, dysarthria

Lacunar Syndromes

- Symptoms may occur suddenly, progressively, or fluctuating.
- Unusually results from small vessel disease
- Deep white matter. Basal ganglia/pons
- Not benign
- but true cortical signs (aphasia, visuospatial neglect, gaze deviation, and visual field defects) are always absent in lacunar strokes
- · Cause likely hypertension/diabetes but not always



Area	function	Clinical findings
Frontal lobe	Higher cortical function	Contralateral weakness Tone, reflexes, plantars 1
Parietal lobe	Prim somatosensory cortex. Spatial awareness	Sensory loss,neglect,visiual field loss,wernickes aphasia
Temporal lobe	Medial-memory,emotions Lateral- hearing, vison	Memory impairment Hearing and visual loss
Occipital lobe	Primary visual cortex, visual spatial awareness, colour, perception	H Hemianopia, Visual hallucinations, alexia without agraphia
Cerebellum	Coordination of smooth muscle movements	Ataxia, vertigo, nausea, vomiting * risk of obstructive hydrocephaleus in acute setting

brainstem	Relays info from peripheries to higher centres Receives direct input from cranial nerves
midbrain	Nucleus of CNIII & CNIV .Top of reticular activating system (mediates wakefulness) Motor sensory and coordination tracts Largely poorly reactive pupil that cannot pull in toward the nose or look up, double vision
Pons	Contra lateral weakness and sensation issues CN VI lesion (diplopia , cannot adduct eye) CN VII facial weakness
Medulla Lateral medullary syndrome (stroke)	characterized by sensory deficits affecting the trunk & extremities on the opposite side of the infarction and sensory deficits affecting the face and cranial nerves on the same side with the infarct. loss of pain and temperature sensation on the contralateral side of the body and ipsilateral (same) side of the face. Clinical symptoms include or dysphagia, dysarthria, ataxia, facial pain, vertigo nystagmus Horner's syndrome & hiccups

